

Means Restriction Model

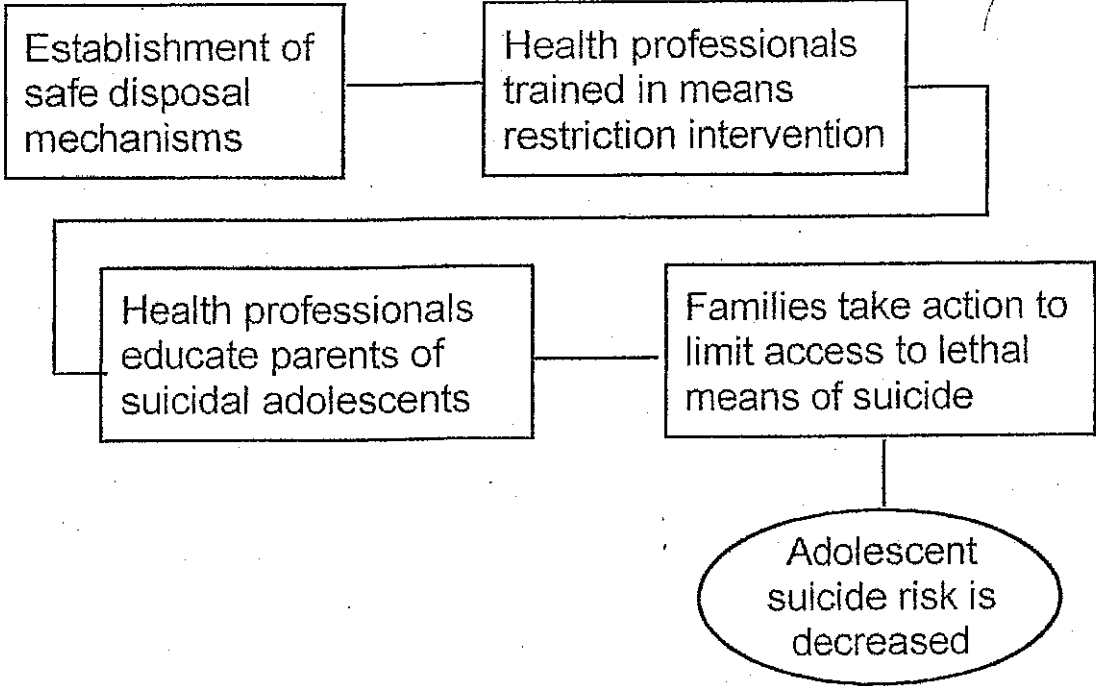


Figure 2

RATIONALE FOR MEANS RESTRICTION PROCESS AND OUTCOMES

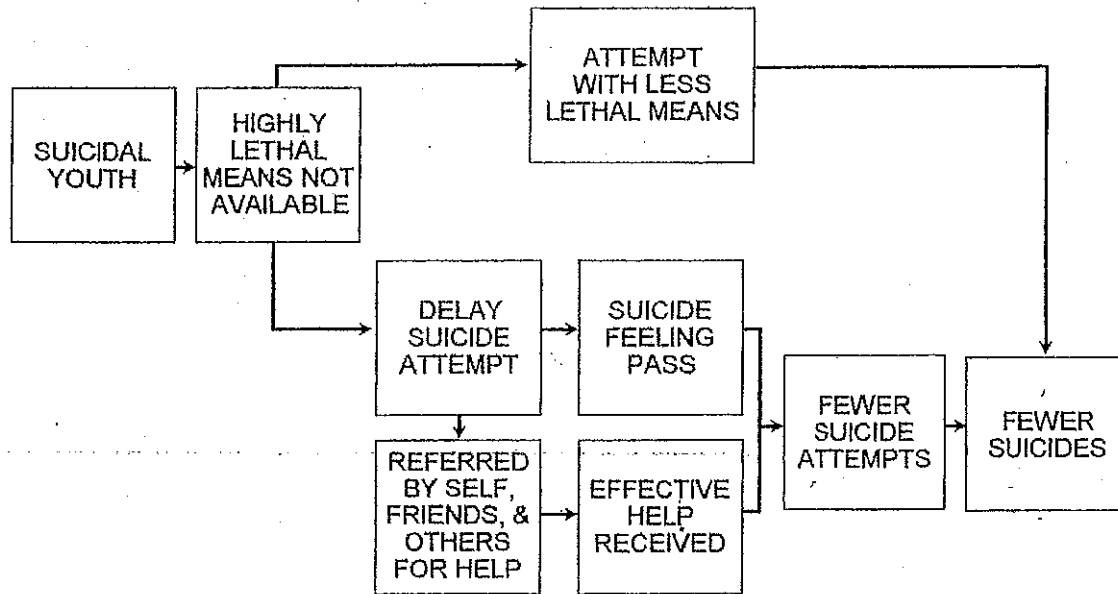


Figure 1

*

Using Means Restriction as an Intervention in the ER

Assumption: The period during which parents and their child present in the ER for an acute suicide attempt is a critical time for intervention. This is most likely due to the fact that the parents are highly concerned/distressed and are faced with the possibility that their child's life is in danger.

Goals which must be met in the ER setting in order to successfully implement this type of intervention:

1. Acknowledge with parents that their child has made an actual suicide attempt
2. Establish parents' concern and willingness to help with intervention
3. Explain that their child is at an increased risk due to this attempt
4. Briefly and succinctly explain the proposed intervention - i.e.- Means Restriction. Be able to briefly rationalize its effectiveness
5. Teach parents how to implement Means Restriction in the home; explanations must be brief and have "take-home" quality.